

Way To Go!

Make your own trail—
and see where it takes you!

Trail Games

Use stick or rock trail signs to explore outside with your friends. Here are some fun ideas to try:

Hide-and-Seek. Divide into two groups: Trailblazers and Trackers. The Trailblazers lay a trail and hide at the end of it. About 15 minutes after the Trailblazers leave, the Trackers set off to follow their trail. When they find the Trailblazers, the groups switch roles.

Treasure Hunt. Lay a trail and hide something special at the end for the Trackers to find.

Trail Home. Mark your own trail when you go exploring. Then use it to help you find your way back.

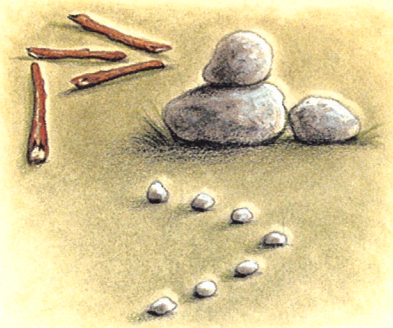
Some nature trails have posted signs to tell you which way to go. But you can make your own trail signs for a one-of-a-kind hike! Try it out in your backyard, a nearby park, or other familiar area.



Trail Signs

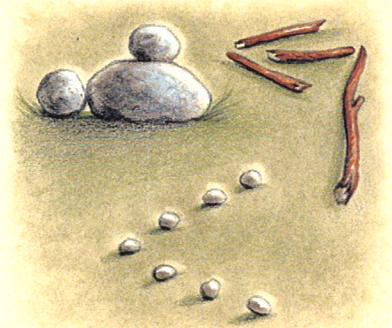
Here are some common trail-marking signs you can make, using either sticks or rocks.

This Way (arrow of sticks or rocks OR a large rock with a smaller one on top)



Turn Right (arrow of sticks or rocks pointing right OR large rock with smaller rocks on top and to the right)

Turn Left (arrow of sticks or rocks pointing left OR large rock with smaller rocks on top and to the left)



Wrong Way (X of sticks or rocks)

Tracking Tips

- Take at least one grownup along for each group.
- Stay together with your group on marked trails.
- Make sure each person is carrying a whistle.
- If you do get separated, stay in one place and blow your whistle until someone comes to the rescue.

— KATE HOFMANN

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